

GARDENVALE PRIMARY SCHOOL LUNCH MENU 2017 – From Term 2

Tel: 9596 9666

59 LANDCOX STREET, BRIGHTON EAST VIC 3186

HOT ITEMS (+ tomato sauce – 20c)			HELGAS SANDWICHES / WRAPS White or wholemeal bread **Gluten free toast and wraps also available**	
V, **	Macaroni and cheese **Gluten Free Option available on request**	\$4.00	V Vegemite / jam	\$2.70
	Party pies	\$1.20	V Cheese and tomato	\$3.50
	Party sausage rolls	\$1.20	Ham / cheese and tomato	\$3.80
**	Pasta spirals with beef **Gluten Free Option available on request**	\$4.00	Chicken, cheese and lettuce	\$3.60
	Grilled chicken on rice	\$4.00	V Cheese sandwich	\$2.70
V	Zest Margarita Pizza	\$3.70		

FRESH SALAD			FRUIT SALAD	
V	Cherry tomato, lettuce, avocado, cucumber, and dressing. Add Chicken or Tuna	\$3.50 \$4.00	Watermelon, orange, apple, rockmelon	\$3.50

DAILY SPECIALS				
V	Monday	Vegetable fried rice (carrot, peas, corn)		\$4.00
	Tuesday	Bagel sandwich with cream cheese and smoked salmon		\$4.00
	Wednesday	***No Specials****		
	Thursday	Dumplings, vegetarian or Prawn – 3 serves		\$4.00
	Friday	Sushi Day, vegetarian, tuna and lettuce, chicken teriyaki		\$2.70

TREATS				
	Choc Chip Cookie	\$2.50	Smartie Cookie	\$2.50
	Honey Joy	\$1.50	Oat Coconut Biscuit **	\$2.50
	Vege Chips	\$1.70		

Drinks				
	Golden Circle juices	Apple, orange, blackcurrant		\$2.00
	Nippy Drinks	Chocolate, strawberry, banana		\$2.80
	Coconut water			\$2.00

V – Vegetarian

****GF – Gluten Free available on request**

****may contain traces of nuts****

Soya Sauce is not supplied with sushi it is now available at the school.